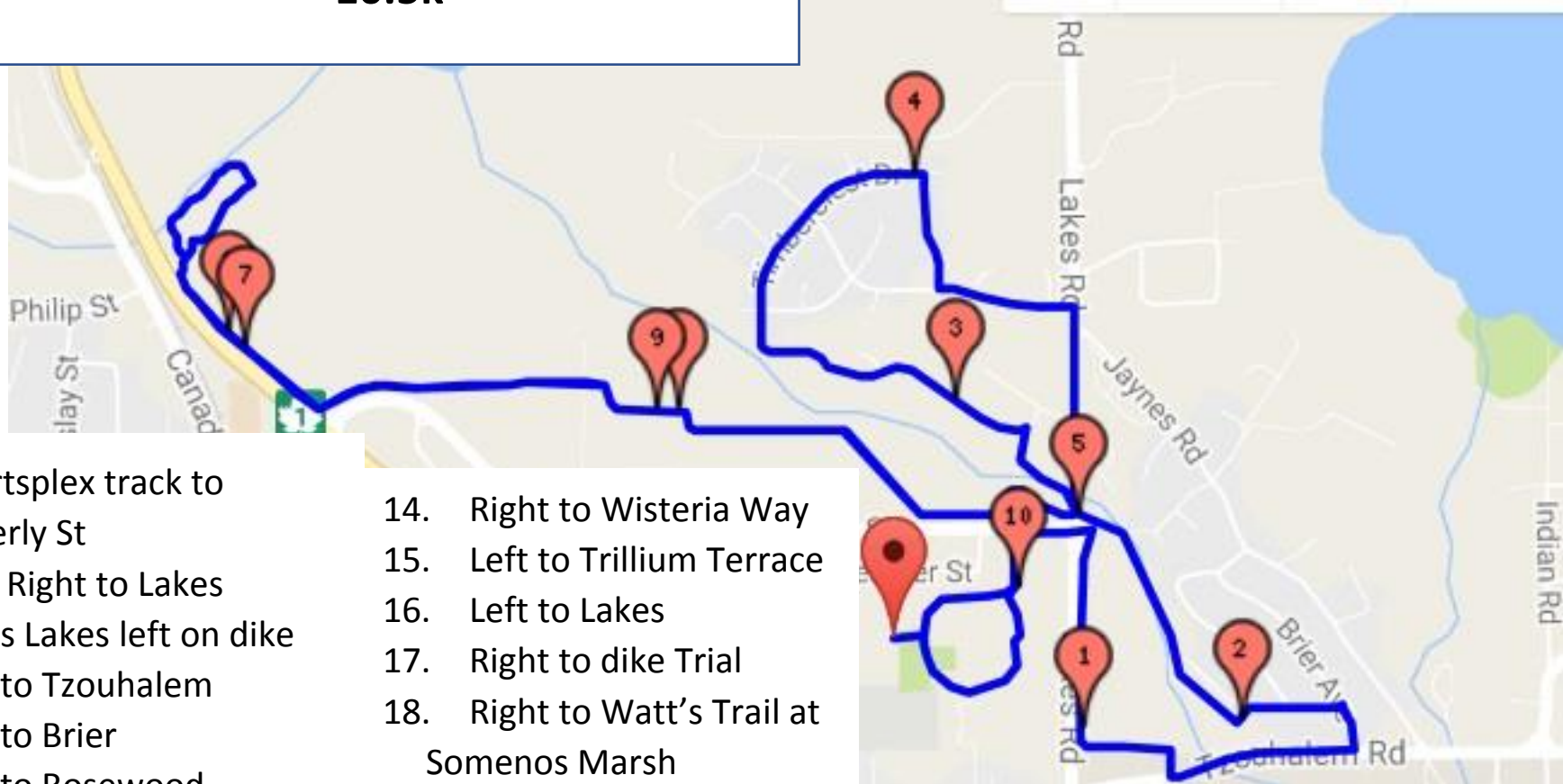


10.5k



1. Sportsplex track to Beverly St
2. exit Right to Lakes
3. Cross Lakes left on dike
4. Left to Tzouhalem
5. Left to Brier
6. Left to Rosewood
7. Left to gravel trail
8. Left to Lakes
9. Cross Lakes
10. Right to trail over bridge
11. Left to Seine
12. Left to Timbercrest Drive
13. Left to Lakes
14. Right to Wisteria Way
15. Left to Trillium Terrace
16. Left to Lakes
17. Right to dike Trial
18. Right to Watt's Trail at Somenos Marsh
19. Loop Watt's trail back onto dike trail retuning to Beverly St entrance to Sportsplex
20. Left onto soft trail through woods & back onto soft trail to track