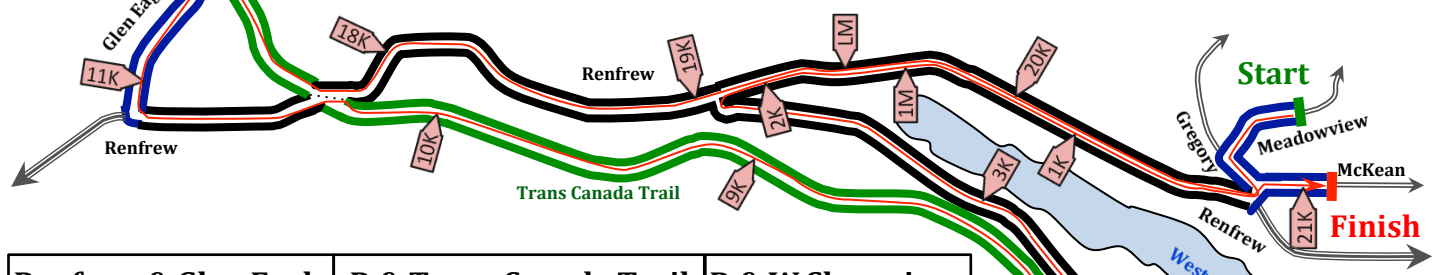


Shawnigan - Kinsol Half Marathon

Athletics Canada Certified: BC-2012-___-BDC

<h3 style="text-align: center;">Turnaround</h3> <p style="text-align: center;">buried spike & washer in east track of Trans Canada Trail 85.9m beyond gate N of Humes Rd</p>	<h3 style="text-align: center;">Start</h3> <p style="text-align: center;">inline with E edge of fire hydrant east of #2782 Meadowview Road; marked with nail & washer 0.3m from south edge</p>
<h3 style="text-align: center;">Gregory & Renfrew</h3> <p style="text-align: center;">LoCL Transition 31.0m W of Stop sign 5.3m E of telephone pole</p> <p style="text-align: center;">marked at centre line with nail & washer</p>	<h3 style="text-align: center;">Finish</h3> <p style="text-align: center;">Discovery School drop-off entrance way</p> <p style="text-align: center;">marked with nail & washer 0.3m from curb</p> <p style="text-align: center;">inline with E edge of E median sidewalk</p>



<h3 style="text-align: center;">Renfrew & Glen Eagle</h3> <p style="text-align: center;">LoCL Transition inline with Trucks sign; 49.2m from beside Stop sign marked on centre line with nail & washer</p>	<h3 style="text-align: center;">R & Trans Canada Trail</h3> <p style="text-align: center;">LoCL Transitions</p>	<h3 style="text-align: center;">R & W Shawnigan</h3>
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Athletes are instructed Left of Centre Line (LoCL), i.e. against traffic, on the **major roads** Renfrew & West Shawnigan; have full use of **minor roads** Meadowview, Gregory, Rebecca, Glen Eagle & McKean; and on the **Trans Canada Trail**. Cones to mark LoCL transitions. The course is measured along the shortest path keeping at least 0.3m from centre line or runnable edges with open gates along the trail.

<h2 style="text-align: center;">Shawnigan-Kinsol Half Marathon</h2> <h3 style="text-align: center;">Shawnigan Lake BC</h3> <p style="text-align: center;">Adjusted: 2012 August 12 by Gary Duncan</p> <p style="text-align: center;">Altitude: Start: 155m, High: 170m Finish: 145m, Low: 120m</p> <p style="text-align: center;">Separation: 280m</p>	<h3 style="text-align: center;">West Shawnigan & Rebecca</h3> <p style="text-align: center;">LoCL Transition 27.2m N of Stop sign 18.6m S of telephone pole marked at centre line with nail & washer</p>
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