

# SHAWNIGAN KINSOL HALF-A-HALF (10.55KM)



- Half-a- Half (10.55KM)**
- KM signs: Green with black lettering
  - Bib numbers: White with black lettering
  - Participants, unless you are instructed otherwise, **KEEP TO THE LEFT SHOULDER OF ROAD & TRANS CANADA TRAIL** Course Marshals direct participants at major turns and cross roads.
  - Trans Canada Trail
  - Road

**Shawnigan Lake School**  
 Registration/Parking / Refreshments/ Draw prizes & Award  
**1 km walk to start/finish**

This way to and from SLS  
 ←→

**Meadowview**  
 Finish

**Gregory** Start

**HALF-A-HALF COURSE** Start on Gregory (near McKean). Left on Gregory to Renfrew. Right on Renfrew to West Shawnigan Lake and Renfrew junction. Stay straight on Renfrew to Trans Canada Trail (TCT). Right onto the TCT. TCT to the Kinsol Trestle. Upon crossing the Kinsol Trestle participants are directed to turn-around. Participants proceed back along the TCT to Renfrew. Left on Renfrew to Gregory. Left on Gregory to Meadowview. Right on Meadowview to the FINISH!