

5k/10k

- Start on track
- Around track exiting onto grass
- Go through gate onto gravel pathway
- Right onto paved pathway
- Paved pathway to driveway
- Right at driveway to Lakes
- Left on Lakes to Beverly
- Left on Beverly to York
- Left on York to Lewis
- Left on Lewis to Howard
- Right on Howard to Coronation
- Left on Coronation to Chesterfield
- Left on Chesterfield to Heather
- Right on Heather to Beverly
- Right on Beverly to parking lot entrance of Sportsplex
- Right on driveway to paved pathway
- Left on pathway returning to track
- Left on track to finish 5k
- Repeat same loop for 10k

