

Cowichan Autumn Classic

Mail-in Registration

Sunday, October 17, 2021

5K, 10K or Combo (5K+10K) 1.2K Kids race

Please put an "x" by the appropriate race and fee you are registering for.

5K Entry Fee		
Early: Jan 31 - June 15	\$25	
June 16 - Aug 31	\$35	
Sept 1 - Oct 14	\$45	
Race Day - Oct 17	\$50	
10K Entry Fee		
Early: Jan 31 - June 15	\$40	
June 16 - Aug 31	\$50	
Sept 1 - Oct 14	\$60	
Race Day - Oct 17	\$65	
Combo (5K+10K) Entry Fee		
Early: Jan 31 - June 15	\$55	
June 16 - Aug 31	\$70	
Sept 1 - Oct 14	\$85	
Race Day - Oct 17	\$90	
Kids 1.2K race (age 1-12) Entry Fee	\$5	

Start Times

- 5K - 9:30 am
- 10K - 10:15 am
- Combo - 9:30 am **
- Kids Run - 10:30 am

Course Closes at 12:30 pm

**** To participate in the Combo, you must complete the 5K by 10:10 am**

Please print clearly:

First Name: _____ Last Name: _____

Address: _____ City: _____

Postal Code: _____ Telephone Number: _____

Email: _____

Birthdate (M/D/Y): _____ Gender: Male ___ female ___

Will You be Participating in the Wine Tasting Yes: ___ No: ___ Club Affiliation? _____

Charity: A minimum of \$2.50 from each registration will be donated to KidSport Cowichan

Waiver: *In consideration of your accepting this entry, I, hereby, for myself, my heirs, executors, and administrators waive and release the organizers of this event and its sponsors from any and all rights of claims for all damages I may have against them, their representatives, successors, and assigns, for any and all illness, injuries, and/or losses I may sustain as a result of my participation in this event, I also give permission for photos to be taken and released.*

Signature: _____ Date: _____

(Parent or Guardian must sign if under 19 years.)

Cancellation Policy: Entry Fee is non-refundable for the event. Entrants may change events after paying the appropriate entry fee difference, if applicable.

Mail completed entry form, signed waiver, and cheque made payable to the Ceevacs Roadrunners Club to:

Cowichan Autumn Classic
C/O Brenda Niziol, Race Director
P.O. Box 160 Shawnigan Lake, B.C. V0R 2W0

Please allow at least seven days for Canada Post to deliver your form. Completed entry forms may be brought to Package Pick-up or Early bib pick up at Glenora Hall on Sat October 16 from 1pm to 3 pm. Blank entry forms will be available on Sunday, October 17, 2021. The Race Day Fee will apply.

Race Information is available at the Ceevacs Roadrunners Club website: ceevacs.com.
Oncethere, go to the Event drop down menu and select Cowichan Autumn Classic.

Race Information:

Date: October 17th, 2021

Start Times:

- 5K Start: 9:30 am
- 10K Start: 10:15 am
- Combo (5K+10K): 9:30 am**
- Kids 1.2K: 10:30 am

****To participate in the Combo, you must complete the 5K by 10:10am**

Location: Glenora Community Hall, 3660 Glenora Road at Marshall Road, Duncan, BC
(Please leave enough time for you to park and check in. Signs and volunteers will be present to direct you to the Glenora Hall for Package Pick-up and Check In.)

Check In: check in for race number pickup will start at 8:00 AM on Sunday, October 17th, 2021. There also is a pre-race package pick-up on Saturday, October 16, from 1-3.

Parking: Volunteers and signs will be present to direct you to available parking.
Directions for arriving at the Glenora Hall will be on the Ceevacs website

Online Fee Notes:

1. **Online registration closes at 6 pm October 14, 2021**
2. **There is a processing fee for registering online.**
3. **Payable in Canadian funds. VISA and MC accepted online only.**
4. **NO REFUNDS or CANCELLATIONS, Transfers to another individual will be available online with a fee applied**

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